

SCJH XC TRAINING SCHEDULE

JUNE 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	2	3 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	4	5	6 Rock Island Trail Depot (Wyoming) 9:00-10:30 AM
7	8	9 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	10	11 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	12	13 Rock Island Trail Depot (Wyoming) 9:00-10:30 AM
14	15 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	16	17 Rock Island Trail Parking Lot (Toulon) 6:15-7:45 PM	18	19	20 Rock Island Trail Depot (Wyoming) 9:00-10:30 AM
21	22	23 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	24	25 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	26	27 Rock Island Trail Depot (Wyoming) 9:00-10:30 AM
28	29 Rock Island Trail Parking Lot (Toulon) 6:30-8:00 PM	30	Training Runs and Times Subject to Change			